

- ☐ 5K – Individual Participant
 ☐ 5K – Sponsored Participant  
☐ Kids' Fun Run – Individual Participant
 ☐ Kids' Fun Run – Sponsored Participant

First Name:

Last Name:

Parent/Guardian (under 18):

Address:

City:

State:  Zip:

Date of Birth:  /  /  Age on RACE DAY:  Gender:

Email:

How did you hear about today? ☐ Friend ☐ Social Media ☐ Yard Sign ☐ Running Website ☐ Radio

**EVENT DISCLAIMER:** Please review the following waiver and disclaimer. By adding your signature, you accept this waiver and disclaimer. *For minors under the age of 18, we need their name (on the line below) and the signature (under 'Sign here') of a parent or guardian.*

Waiver and Release: I \_\_\_\_\_, by participating [allowing the above said minor to participate] in this event, do so at my own risk. I assume all risk of injury, illness, damage or loss to me or my property [this minor or their property] that might result in, including without limitation, any loss or theft of personal property. I consent to medical treatment for myself [above said minor] in the event of injury, accident and/or illness during the event. I agree on behalf of myself [above said minor] and my personal representatives, heirs, executors, administrators, agents, and assigns, to release and discharge the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees, the City of Elmira and its officers and employees from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this 'Waiver and Release' and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against any and all discharge **the organizers of this event, its principals, its officers & directors, its employees, all sponsors and their representatives and employees, the City of Elmira and its officers and employees** for their negligence. I hereby grant full permission to any and all of the foregoing to use my [this minor's] name and likeness in any broadcast, telecast, video or print media reporting or advertising of the event without compensation.

Sign here: \_\_\_\_\_  
Adult Participant or Parent/Guardian of a Minor Participant under 18

OFFICE USE ONLY

☐ Cash ☐ Check \_\_\_\_\_

Sponsor: \_\_\_\_\_

Received by: \_\_\_\_\_